



TRAINING AND EDUCATION GUIDE

MON VALLEY WORKS Clairton Works | Edgar Thomson Works | Irvin Works

MON VALLEY WORKS INSTITUTE FOR CAREER DEVELOPMENT

FROM YOUR PROGRAM COORDINATOR



Local Joint **Committee Members**

Program Coordinator Michele Taylor mtaylor@monvalleyicd.com or info@monvalleyicd.com 412.460.0390

USW **Robert Pastore** Dave Galo Jim Johnston

U.S. Steel **David Coombes**

E.T. Local 1219

412.271.4555 Mike Evanovich, Co-Chair Shawn Wilk **Richard Zeek**

Clairton Local 1557 412.233.5672 Don Furko, Co-Chair Robinson "Bo" Waddell

Irvin Local 2227 412.469.0100 Jason Zugai, Co-Chair Jack Maskil **Mike Johnson**

Local 2227-01

412.469.0100 Scott Cramer, Co-Chair, Clairton **Debbie Brennfleck,** E.T. Keli Vereb, Irvin



About the ICD	1
Education Information and Providers	2
Classes for Active USW Employees	6
Trade Skills	8
Personal Enrichment	9

UNITED STEELWORKERS

Program Coordinator Michele Taylor mtaylor@monvalleyicd.com or info@monvalleyicd.com

www.monvalleyicd.com

www.facebook.com/MonValley ICD

Mon Valley ICD One South Linden Street Duquesne, PA 15110

412.460.0390



Coordinator!

It's a new year with new opportunities to use your ICD Benefit for Life! This past year, many members took advantage of their ICD benefit by participating in classes at the Training Hub and the Irvin Works union hall, by pursuing degrees and certifications, and by learning new skills. We offered a few new classes last year that will continue again in this new year including our very popular Home Inspection Course which provides two days of in-person classes plus a field day conducting actual home inspections.

Whether you want to take a custom course, utilize online subscription-based learning, or enroll in a college or trade school course, the ICD is here to provide you with the opportunity to use your benefit as you would like. Every member is encouraged to learn about and utilize this great benefit. USW members drive the ICD. It is your benefit and your program. Learning is your benefit for life!

Best wishes for a successful, happy, & healthy 2024!

Michele

Happy New Year from your ICD

Is this your year to learn a new language, to take your first ICD custom course, or to get that certification or degree you have always thought about? As your program coordinator, I look forward to working together with many of you as you pursue your goals for this new year.

WHAT IS THE ICD?

The ICD is a contractually negotiated benefit for eligible members of the United Steelworkers and the companies that employ them.



ABOUT THE ICD



The ICD is a joint-management training program in which members participate in self-directed learning opportunities on their own time. Members can choose from a wide range of course offerings to learn new skills or simply brush up on old ones.

Employee satisfaction, worker security, and corporate success require that the workforce be capable of reacting to change, challenge, and opportunity. This, in turn, requires ongoing training, education, and personal growth. By establishing the ICD, the United Steelworkers (USW) and the participating companies are implementing a shared vision that workers must play a significant role in the design and development of their training and education as well as their work environments.

Lifelong Learning for USW Members

Experience has shown that worker growth and development are stunted when programs are mandated from above, but flourish in an atmosphere of voluntary participation in self-designed and self-directed training and education. Currently, the ICD has 58 locations in the steel, tire & rubber, glass, container and utility sectors and 13 participating companies.

How Do You Participate in the ICD? Get to Know your Mon Valley ICD Program!

The Mon Valley ICD is your local program. Each local ICD program is overseen by a Local Joint Committee (LJC) which is made up of local union and company leaders. The ICD Coordinator runs the day-to-day operations of the program. Everything is geared toward making learning comfortable and accessible for Steelworkers. The Mon Valley ICD is located at the Training Hub in Duquesne. We work with our members to offer classes before and after shift changes to accommodate workers' schedules at the ICD and at various locations.

Classes are offered under the direction of the LJC. The LJC decides what courses to offer by proactively engaging with members and documenting workers' needs and interests. Each Career Development Program is uniquely tailored for the Steelworkers at that location. It's a "bottom-up" philosophy that enables Steelworkers to drive the program. Another important aspect of the program is learning confidentiality. Only the Steelworker and the Career Development staff know whether the Steelworker is there to brush up on basic skills or complete a college-level course.

It is your benefit to use! Your LJC and Program Coordinator encourage you to engage in lifelong learning and to use your ICD benefits to pursue your educational and career goals and life interests!

How to Register for Your Benefits:

- Online register online at www.monvalleyicd.com
- By Phone Call the Mon Valley ICD at 412-460-0390
- Email For more information or for any questions or to register for a class, an email can be sent to info@monvalleyicd.com.

Please note: Classes are filled on a first-come, first served basis.

Customized Courses

All **active** USW Mon Valley Works employees have \$2,000 annually in benefits to use for courses in this category. These are the classes created specifically for steelworkers and include categories of courses/classes such as Pre-Technical Skills, Basic Skills and Personal Development. Classes include those in this catalog and any additional classes added throughout the year.

- Custom Classes are held at the Mon Valley ICD, at the local union halls, and at other provider locations.
- For a class to run, a minimum of 5 active USW members must be enrolled per class.
- Retirees and spouses may participate as per the ICD policy
- Classes cost generally between \$200 \$800 per person depending on each class, and each participant's spending is tracked in the ICD's database.

Note: Out of your \$2,000 a year in customized course allowance, you can use \$1,250 per year on personal development classes. Also note that members must provide a copy of a receipt of payment for any approved classes/courses or certifications paid in advance by the member.

For any classes/courses or certifications you would like to pursue outside of the custom courses offered at the ICD or union halls, be sure to call (412) 460-0390 or email your ICD Program Coordinator at info@monvalleyicd.com to ensure eligibility for either reimbursement to you or for arranging direct payment to the vendor/educational provider prior to enrolling. Also note that members who pay in advance for an approved class/course/ certification must provide a copy of a receipt of payment and a copy of course completion certificates, etc. for reimbursement payments to be processed.

Tuition Assistance

All **active** USW Mon Valley Works employees are eligible to receive up to \$2,500 annually in tuition assistance to attend colleges and schools of their own choice as long as the schools are accredited institutions of post-secondary education or are recognized by a state board of vocational education.

Issuance 14

Members who have an educational and career goal in mind are eligible to apply for an Issuance 14 which allows members to combine their total annual customized and tuition assistance funds to help achieve their goals. An educational plan and application must be completed and submitted for approval to combine these funds. If approved, members may be eligible for up to \$4,500 annually. For any interested members, your Program Coordinator will walk you through this process.

(CCAC) Community College of Allegheny County South Campus

CCAC offers both credit & non-credit courses at their four main campuses as well as area centers throughout Allegheny County. As an accredited institution, most CCAC courses are approved for Tuition Assistance & eligible for Issuance 14 reimbursement. Through their Workforce Development program, CCAC continues to provide quality training through custom courses as well as online learning.

> 1750 Clairton Blvd Route 885 West Mifflin, PA 15122 www.ccac.edu

(PTA) Professional Training Associates, Inc.

Professional Training Associates is a leading provider of environmental health & safety training, specializing in OSHA & EPA required courses such as those governing asbestos & lead activities.

> 46 S. Linden St. Duquesne, PA 15110 ptainc.com



Randy's Dive Shop

Offering Beginner Open Water Scuba Certifications and continuing Dive Education. Beginner Open Water Certification involves an online course through NAUI, 5 pool sessions lasting 2.5-3 hrs and an Open Water certification dive weekend. The course fee is covered by ICD, but the diver will be responsible to purchase certain needed equipment available through the dive shop. Please call, text or email for more information!

> 115 Glendale Drive Irwin, PA 15642 Randysdiveshop@Gmail.com 724-863-0752

Additional scuba educational provider: Splash Water Sports 2905 Banksville Road Pittsburgh, PA 15216 412-531-5577 dive@splashscuba.com

WESTMORELAND COMMUNITY COLLEGE

Westmoreland County Community College offers customizable training for your staff and corporation to succeed with both credit and noncredit course options. Accredited by the Middles States Commission on Higher Education, the majority of Westmoreland courses are approved for tuition assistance.



Categories include healthcare, manufacturing, business, IT, leadership training and many others. Westmoreland also offers rental options for company retreats, conferences or speakers.

Westmoreland can offer training at various locations including any Westmoreland site, your business or another locale.

Westmoreland Advanced Technology Center (ATC)

The ATC is leading the way in advanced manufacturing and technology while providing experiential learning opportunities. The facility features state-of-the-art labs and classrooms for a variety of careers in manufacturing and other technically oriented areas.

Credit and noncredit classes are conducted days and evenings in the following areas:

- Additive Manufacturing
- Applied Industrial Technology
- Architectural Drafting & Design
- Drafting & Design Technology
- Electronics Engineering Technology
- Engineering Technology
- Heating, Ventilation, Air Conditioning & Refrigeration
- Journeyman Machining Technology
- Plumbing
- Robotics
- Welding Engineering Technology



Westmoreland MAKERSPACE District (ATC)

The MAKERSPACE District is home to a dedicated entrepreneurial/makerspace program. The space is earmarked to taking start-ups from the garage to the marketplace by providing several key factors for success:

- Geographically accessible manufacturing location
- Entrepreneurial support services
- Access to technical programming & equipment

Westmoreland Public Safety Training Center (PSTC)

Located in Smithton, Westmoreland's PSTC is the premier source for keeping the region's first responders up-to-date with essential skills by providing realistic fire service, rescue, hazardous materials, emergency medical services and law enforcement training.

The PSTC serves as the home for a variety of continuing education programs including:

- Firefighting
- Rescue Training
- Hazardous Materials Training
- Law Enforcement
- Police Academy
- Lethal Weapons Programs
- Emergency Medical Services



ind out more! For more information, email ousinessdev@westmoreland.edu

Westmoreland Department of Business & Workforce Development

Our Workforce Development team is comprised of dedicated professionals committed to working with your organization to identify your training needs and close the skills gap by providing you with cost-effective solutions.

We cater to the largest manufacturers, small shops, and a variety of business and healthcare entities and are ready to work with you!

- Flexible enrollment schedules, can be available at times that are convenient for you and your company
- Customized on-site training, at the ATC with Amatrol equipment or at any of Westmoreland 's seven locations
- Healthcare- CPR certifications, Nurse Aide courses; plus, you can have certifications awarded per employee/ individual or your entire small business
- Business courses such as Excel and Widget training, etc. that combine management courses to refresh your team or educate a new-hire
- Westmoreland has partnered on training with numerous companies including:
 - > Kennametal
 - > US Steel
 - > First Energy Corp.
 - > Bristol Metals
 - Carpenter Technology
 - > Westinghouse

Contact the ICD Coordinator for more information & to enroll in these ongoing ICD Programs.

Pre-Learner Maintenance Online Training Program*

In accordance with the 2022 Basic Labor Agreement, this standardized training program offers employees the ability to score higher on the Job Knowledge Test in order to gain entry into a Maintenance Technician position or the Maintenance Learner Program. Employees may elect to take either the Mechanical or Electrical program, and current Maintenance Technicians are eligible for the Systems Repair program. All course work can be completed online by the employee at their own pace and convenience on either a computer or cellphone. The program allows employees to skip and return to topics, with the full program running about 300 hours. Any employee who does not have access to a computer should contact the ICD Coordinator to make arrangements to use the ICD's computers.

Pre-Learner Program Requirements:

- Be an active Steelworker
- Register with the ICD Coordinator by calling 412-460-0390 or by emailing info@monvalleyicd.com.
- You will need to provide a valid email, your check #, plant and cell phone #
- Take classes on your own time
- * There is new language in the 2022 BLA which states that employees who take the Job Knowledge Test for entrance into the Maintenance Training Program and achieve a score within 10 points of the score established as passing for entry into the MTP and who subsequently successfully pass a Pre-Learner Maintenance Training Program will be considered to have achieved a Labor Grade 3 cut-off level score.

If interested in the online training to prepare for the Job Knowledge Test, it is best to give yourself as much time to work your way through the online training prior to testing dates in January and June. Therefore, it is highly recommended to register for the online training as early as possible.

USS Fitness Program

Located at the Center for Fitness & Health (Belle Vernon, PA), this 36-month program offers a well-balanced combination of nutrition education & workout techniques to develop exercise regimens & a healthy lifestyle. Professional fitness trainers provide instruction & motivation at weekly classes, scheduled multiple times & days to accommodate shift work. New classes begin quarterly. Contact the ICD Coordinator to enroll.

More information about the Center for Fitness & Health at www.mvhealthplex.com

Commercial Truck Driver (CDL) Training –Class A & B

All-State Career School (West Mifflin, PA) offers customized training in tractor trailer driving toward obtaining a CDL license as a Class A or B operator. This 100-hour program combines classroom theory & on-theroad instruction with qualified instructors to prepare for the operator exam. Valid driver's license & physical exam will be required to obtain a CDL permit prior to training. Contact the ICD Coordinator to enroll.

More Information about All-State Career School at www.allstatecareer.edu

Welding Programs

All-State Career School (West Mifflin) offers the following welding programs:

- Shielded Metal Arc Welding (Stick)
- Gas Metal Arc Welding (MIG)
- Flux Core Arc Welding
- Gas Tungsten Arc Welding

The class I took at Takach Forge was one of the coolest experiences of my life! Many thanks to Andrew and the Mon Valley ICD for opening up this opportunity for me to expand my skills and improve as a person. I will definitely be coming back for more!

Frank C.



NEW Forged Damascus Blade Active USW Employees

On the first day of class, students will start by going over some basic techniques and materials and then weld a few billets of Damascus from high-quality carbon steels. Then, students will forge a blade from their Damascus billet and heat treat it. On Day 2, students will be using a power hammer, hydraulic press, milling machine, bandsaw, drill press, and belt grinders.

Takach Forge

Saturday/Sunday, 4/6-4/7/24 8:00 am to 4:00 pm 2 sessions Andrew Takach

NEW Cable Damascus Active USW Employees

Students will prepare and forge weld billets of reclaimed steel cable. We will use welders, power hammers, a hydraulic press, and hand forging techniques to weld the billets.

> Takach Forge Saturday 3/9/24 8:00 am to 4:00 pm 1 session Andrew Takach

NEW Herb Chopper

Active USW Employees

Students will hand forge and heat treat bars of 1080 high carbon steel to shape Ulu-style herb choppers.

Takach Forge

Saturday, 2/3/24 8:00 am to 4:00 pm 1 session Andrew Takach

Locksmithing

In this class, students will learn how to key-up, rekey and master key residential knob locks. We will cover making keys by code, copying keys and making a key to lock without having a key. Students will be taught everything they need to know to re-key their houses by learning how to gauge a key to set up a new lock.

> Mon Valley ICD Mondays, 4/11/24 to 5/2/24 4:00 pm to 7:00 pm 4 sessions Bob Scott



NEW Home Inspection in Person, Field Day and Online Course Combination*

Join our instructor from ICA for this 2-day class plus 1 day in the field. This is a unique opportunity to learn in person by conducting actual home inspections at local properties with the instructor. This course teaches how to inspect a residential property and provide a professional inspection report to real estate agents and mortgage professionals. The course covers structure, exteriors, roofing, HVAC, electrical, plumbing, insulation/ventilation systems, report writing, and business development and marketing. Average inspections pay between \$300-\$500 and take about 2-3 hours based on age and square footage of the property. You do not have to be an expert in construction!

Mon Valley ICD

5/4/24 and 5/5/24 (Classroom) 9:00 am to 5:00 pm 5/11/24 or 5/12/24 (Field Day) 9:00 am to 4:00 pm Clint Laney *also includes the Online Course (required) I once heard Jimmy Hendrix say that – 'Knowledge speaks, but wisdom listens.' I took advantage of this opportunity through the ICD to listen and learn about all the possibilities of becoming a home inspector. It was a truly liberating experience to take the class this past Fall. I am very thankful to have had this course at my disposal through my ICD benefit, and now I have the knowledge to start a successful business plan.

Bryan N.



Small Engine Repair

One of the Mon Valley's most popular classes! Starting with the basics, learn the how's and why's of small gas engines, 2 and 4 cycle engines, and air-cooled overhead valve small engines. During the hands-on portion, you will be able to bring in your own equipment, troubleshoot and repair it to your satisfaction. The instructor will oversee and guide you in your work. Repairs can consist of anything from minor tune-ups to complete overhauls.

Irvin Local 2227 Wednesdays, 1/31/24 to 4/3/24 4:30 to 7:30 pm 10 sessions Pete Kurka



Upholstery

Learn how to reupholster, cut fabric, tie springs, and do frame repair. Other skills covered will be hand and machine sewing, antique restoration, chair reupholstering, boat covers, tarps and more. Instructor Lou of Heinle Upholstery will identify small projects students can bring to work on; such as chair cushions, tractor seats, car and truck seats, small chairs and stools. Students are responsible for all fabric and supplies necessary for their projects, which can be purchased through the instructor.

Mon Valley ICD

Tuesdays, 2/6/24 to 4/2/24 4:00 pm to 7:00 pm 9 sessions Lou Heinle

NEW Guitar

Students taking part in guitar classes will get a crash course in basic guitar skills including strumming, chords, scales, and how to learn a song by yourself. This five-week guitar class will focus heavily on playing basic guitar chords and eventually leading into learning full length songs. This course is designed to be fun and simple to grasp. Class size is limited to 8.

Mon Valley ICD

Tuesdays, 2/20/24 to 3/19/24 4:00 pm to 7:00 pm 5 sessions Caden Grbach

Creating Charcuterie Boards

Visually exciting and deliciously enticing, come to this class and learn how to make these snack boards. You will learn to create boards for anytime family meals and snacks, seasons and holidays, breakfast, brunch, desserts and special occasions. Every student will take home a completed board and cookbook.

> Irvin Hall Monday, 3/18/24 4:00 pm to 7:00 pm 1 session

Pen Turning

This is a beginner's class designed to teach the student the basics of wood turning on a lathe and to turn a pen blank that will be assembled into a usable pen. In this class the student will learn about wood lathes, how to use a wood lathe, safety, basic tool and turning principles and finally how to turn and finish a pen. Various types of wood will be provided for the student to choose from and all tools and equipment will be provided. Each student will complete and take home a pen and a mechanical pencil that they have created.

> Mon Valley ICD Mondays, 2/12/24 to 2/19/24 4:00 pm to 7:00 pm 2 sessions Zach Amend

What Happens After the Paychecks Stop? A Retirement **Income Primer.**

For investors who are thinking about retiring or who have retired recently. This presentation will explore how to create a retirement plan. Participants will learn how to budget for retirement expenses, potential sources of retirement income, and potential risks to a retirement plan such as health care expenses and inflation.

Mon Valley ICD

Tuesday, 3/5/24 or Thursday, 4/18/24 8:30 am or 4:00 pm 1 session Seth D. Thompson, CFP[®], AAMS[®]

Canning & Preserving-—Saving the Season

If you want to preserve summer's bounty of fruits & vegetables, here's where to start. Students will learn what equipment, utensils & supplies are needed. The class will cover canning and preserving tomatoes, vegetables, fruits and how to make jellies and jams. 100% hands-on class!

Mon Valley ICD

Mondays, 6/3/24 to 6/17/24 4:00 pm to 7:00 pm 3 sessions Irvin Hall

Epoxy Cheese/Cutting Board

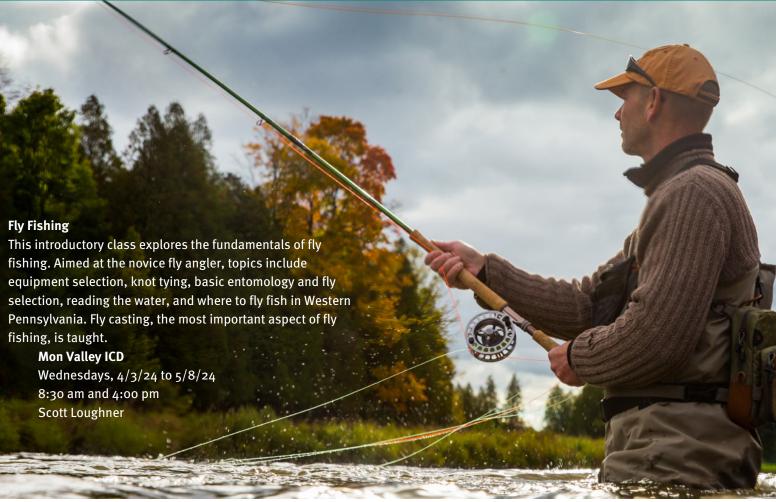
Learn to make unique cheese/cutting boards to keep for yourself or to give as a gift. There will be a variety of wood to choose from as well as different colors of epoxy for the inlay. This two day class will teach even complete beginners everything they need to know to complete their project. You will learn about working with wood as well as epoxy in this class. You will complete a cheese/cutting board to take home. (Approximate size—6"x10")

> Mon Valley ICD Mondays, 3/4/24 to 3/11/24 4:00 pm to 7:00 pm 2 sessions Zach Amend

Cricut

Come to this one day workshop and learn all about the cricut machine. You will also learn ow to wirelessly pair the machine with your smart phone or computer to create custom projects in minutes. You will be working with paper, felt, vinyl and fabric.

> Mon Valley ICD Monday, 4/15/24 4:00 pm to 7:00 pm 1 session Liz Fortunato



NEW Advnced Fly Casting Techniques

This course is designed for students wanting to advance to the next level. Techniques that will be covered include how to add distance to a cast, this includes how to use a single and double haul, loop and line control, casting weight, dealing with wind, and correcting tailing loops. Fishing casts such as slack line and tuck casts as well as curve cats will also be taught.

Mon Vallev ICD

Wednesdays, 5/22/24 to 6/19/24 8:30 am to 11:30 am or 4:00 pm to 7:00 pm 5 sessions Scott Loughner

Fly Tying

Tie your own flies and catch fish! Introduction to Fly Tying is designed for the beginner who is interested in tying his or her own flies. With practice, you will be able to imitate many insects and bait fish that fish eat. Each session will cover one type of fly and one or two fly patterns that represent that type of fly. We hope that this course will make you a better fly tier, fly angler, and ultimately increase your awareness of nature along the stream. Materials, hooks, pattern sheets and instructions for each tie will be provided in class. Students may purchase tools (vice, scissors, bobbin, hackle pliers, bodkin, whip finish tool, and hair stacker) to practice fly tying outside of class.

> Mon Valley ICD Wednesdays, 1/31/24 to 3/6/24 8:30 am to 11:30 am or 4:00 pm to 7:00 pm 6 sessions Scott Loughner



I really enjoyed the rod building class. I learned a lot from Terry, the instructor. He was very informative – all in all, a great instructor. I would recommend this class highly to anyone looking to build a rod and have fun.

John P.

Custom Fishing Rod Building

Learn to build a Graphite Fly Rod or Graphite Spinning Rod under the direction of a professional rod builder. Students will learn how to build their own custom rod and develop rod building skills that will last a lifetime. The class will give beginning rod builders a "hands on" understanding of rod blanks and components, how to find the spine, guide location, guide wrapping and finishing techniques. All students will have a complete, finished rod ready for fishing at the conclusion of the class. All required tools will be provided by the instructor.

Mon Valley ICD

Tuesdays, 3/19/24 to 4/16/24 8:30 am to 11:30 pm and 4:00 pm to 7:00 pm 5 sessions Terri Mulvihill

The Build Your Own Corn Hole class was a fun & interactive class where I got to make new friends from other mills. All the attendees helped one another and we had a great time. I have taken several classes through the ICD over the years, and none of them have disappointed. I think it is a great benefit of working at US Steel to take advantage of the classes and continued learning.

Ed K.



NEW Build Your Own Corn Hole Boards

Learn how to make and take home your own one of a kind cornhole boards for tons of fun! In this class, you will learn finishing carpentry, tool identification, scaling to a pattern and much more.

Irvin Local 2227

Mondays, 9/11/23 to 10/2/23 8:30 am to 11:30 am, 4:00 pm to 7:00 pm 4 sessions Zach Amend

Become a Licensed Real Estate Agent

WHO

PDH **Real Estate** Academy

WHAT Online Real Estate Agent Course

The Pennsylvania approved **Pre-License course includes:**

- > 30-hour Fundamentals
- > 45-hour Practice
- > Exam Prep
- > 800+ Practice Questions
- Instructor Support
- > Lifetime Course Access
- > Pass Guarantee
- > Real Estate e-books > Bonus Courses
- Mold for Real Estate Agents
- Radon for Real Estate Agents

ICA BECOME A HOME INSPECTOR

WHO:

Inspection Certification Associates

WHAT:

Virtual Online Home Inspection Course

WHEN:

Online course available with unlimited 24/7 access forever.

WHY:

Home inspectors enjoy running their own business and getting paid generously for services provided. The real estate market has never neen busier.

One weekend class will be offered on October 7th and 8th with field traiing on October 14th and 15th where students will go to a home(s) with an instructor and conduct an inspection. Times for classes are to be determined.

WHEN

Online course available 24/7 with lifetime access.

WHY

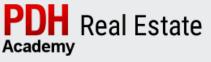
Do it part time to supplement your income or a career after you retire.

This course is approved by the Pennsylvania Real Estate Commission to offer the 75 hours of pre-licensing training.

Tuition is \$360

Employees pay for the course and are reimbursed upon completion

To register, please contact the Mon Valley ICD at 412-460-0390 or email info@monvalleyicd.com



WHAT THIS COURSE OFFERS:

This course teaches individuals how to inspect residential property and provide a professional inspection report to real estate agents and mortgage professionals. The course covers structure, exteriors, roofing, HVAC, electrical, plumbing, insulation/ventilation systems, report writing and business development/marketing.

Average inspections pay between \$300-\$500 and take about 3 hours based on age and square footage of the property. You do not have to be an expert in construction.

Our program also includes: commercial inspecting, radon, mold, termites, mobile and log homes, pool and spa, irrigation systems, well and septic systems, asbestos, smart homes, thermal imaging inspection with drones and lead paint.

We also include FREE report writing software for life (\$400 value).

If interested in the program, please contact Mon Valley ICD at 412-460-0390 or email info@monvelleyicd.com



USS Mon Valley Presents

MAKE AN EPOXY INLAY **CHEESE/CUTTING BOARD**



Learn to make unique cheese/cutting boards to keep for yourself or to give as a gift. There will be a variety of wood to choose from as well as different colors of epoxy for the inlay. This two day class will teach even complete beginners everything they need to know to complete their project. You will learn about working with wood as well as epoxy in this class. You will complete a cheese/cutting board to take home. (Approximate size-6"x10")

Dates:

Mondays, Mar 4th to Mar 11th 2024

Times: 4:00 pm to 7:00pm

Location:

Mon Valley ICD

Accepting Enrollments Now!

Call Michele Taylor at 412-460-0390 or email mtaylor@monvalleyicd.com



CREATING CHARCUTERIE BOARDS



Visually exciting and deliciously enticing, come to this class and learn how to make these snack boards. You will learn to create boards for anytime family meals and snacks, seasons and holidays, breakfast, brunch, desserts and special occasions. Every student will take home a board and cookbook.

Date: Monday, Mar 18th 2023

Times:

Accepting Enrollments Now! Call Michele Taylor at 412-460-0390 or email mtaylor@monvalleyicd.com



USS Mon Valley Presents

4:00 pm to 7:00 pm

Location: Irvin Works Union Hall

*\$295 +\$25 for book



USS Mon Valley Presents PEN TURNING



This is a beginner's class designed to teach the student the basics of wood turning on a lathe and to turn a pen blank that will be assembled into a usable pen. In this class the student will learn about wood lathes, how to use a wood lathe, safety, basic tool and turning principles and finally how to turn and finish a pen. Various types of wood will be provided for the student to choose from and all tools and equipment will be provided. Each student will complete and take home a pen and a mechanical pencil that they have created.

Dates:

Mondays, Feb 12th to Feb 19th 2024

Times: 4:00 pm to 7:00pm

Location:

Mon Valley ICD

Accepting Enrollments Now!

Call Michele Taylor at 412-460-0390 or email mtaylor@monvalleyicd.com



USS Mon Valley Presents BUILD YOUR OWN CORNHOLE BOARDS



Back by popular demand. You will make and take home one of a kind cornhole boards. Learn: project planning and safety, finish carpentry, tooll identification and use, scale a pattern and much more.

Dates: Mondays, Apr 29th to May 20th, 2024

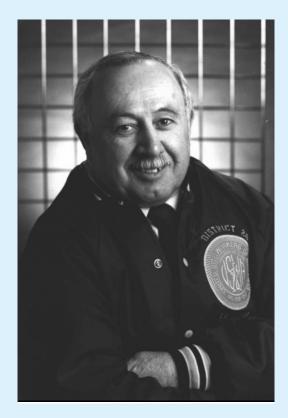
Times:

Accepting Enrollments Now! Call Michele Taylor at 412-460-0390 or email mtaylor@monvalleyicd.com

4:00 pm to 7:00 pm

Location: Mon Valley ICD

Tino Fulmeni SCHOLARSHIP FUND



Tino Fulimeni was a lifelong Steelworker who rose to Special Assistant to former **USW President George Becker. Tino was a** great supporter of the Career Development Program. He believed very strongly in education for Steelworkers and the value of the learning process. This Institute for Career Development scholarship is a tribute to Tino and all he stood for and fought for. He would be proud that we are giving money in his name to young deserving children or grandchildren of Steelworkers to support their education.

RULES FOR ELIGIBILITY

- Must be a child/grandchild of a Steelworker currently eligible to participate in the **Career Development Program**
- Must have a 3.0 GPA and must provide a transcript if selected.
- Must be a college student starting or returning to college in the fall of 2024 or spring of 2025.

Apply online at www.icdlearning.org

Live & Online Classes

AI (Artificial Intelligence)

4wks

AI = Artificial Intelligence. Everyone is talking about AI. What exactly is it? How can it help me? Is it dangerous? What are the facts and what is so controversial about AI? Did you know that AI is already part of many things in daily life? From personal assistants to self-driving cars, AI is having a huge impact on nearly every industry. Join your Instructor in this eve-opening class and get the answer to these and many more questions about AI. See real life examples of AI at work today and see where AI is headed. You can use AI productively in your everyday tasks today. Come see how.

Prerequisites: None Tuesdays–February 6 to February 27 10am-12pm or 3:30pm-5:30pm Location: ZOOM ONLY

Instructor: William Needles

Business Planning II: Fine Tuning Your Business Plan

8wks

This course allows the participant the opportunity to complete an initial draft of a business plan. The initial draft will include an operational plan, a management plan, a marketing plan, as well as a financial plan. The financial plan will include a comprehensive revenue forecast, a profit and loss projection and a cash flow projection. Spouses are welcome to attend a no charge.

Prerequisites: None Thursdays–January 11 to February 29 8am-10am or 4pm-6pm or 6pm-8pm Location: Leon Lynch Instructor: Scott Williams

Business Planning III: Finalization of a Business Plan

8wks

This course will allow the participant the opportunity to complete a final

draft of a business plan. The final draft will include an operational plan, a management plan, a marketing plan, as well as a complete financial plan. The financial plan will include a revenue forecast, an operating expense forecast and will generate a projected profit and loss and cash flow projections. Spouses are welcome to attend at no charge.

Prerequisites: None Thursdays–March 14 to May 2 8am-10am or 4pm-6pm or 6pm-8pm Location: Leon Lynch Instructor: Scott Williams

How to Keep Records Using QuickBooks

Keeping accurate and thorough records in a small business is a must. The business owner must know how his/her financial status is at all times. This course is designed to teach a simple method to track money coming in and out of a business. This information is critical in maintaining accurate financial records for taxation purposes. This course will provide you the ability to develop customer/vendor databases, recording expenses, writing checks, creating sales receipts and invoices, tracking inventory and bills to be paid. Do not lose sleep whether or not your records are in order.

Prerequisites: None Wednesdays–February 7 to March 13 8am-10am or 4pm-6pm or 6pm-8pm Location: Leon Lynch

Easy Guitar for Everyone V2

Everyone is welcome from beginners to advanced players! Learn to play the guitar fast and easy with award winning guitarist Eric Lambert in the comfort of your own home! Using the Zoom app and your computer or tablet, Eric teaches you all the techniques you need to know to play your favorite songs. Each class is video recorded so the student is able to review it's contents anytime night or day. Eric will also be available via Zoom, text and email for support to answer, or demonstrate the answer, and to answer any questions you may have. Have fun! Play guitar!

Prerequisites: own a quitar Mondays–January 8 to April 1 No Class: January 15 11am-12pm or 3pm-4pm Location: ZOOM Instructor: Eric Lambert



12wks

Instructor: Nick Nash

6wks

Online Classes

1wk

6wks

10wks

Free Vacations: Affordable Fun Family Travel

Travel free on your next family vacation when you know how to find the deep travel discounts. World traveler Gina Henry shows you how. Earn free airline tickets, hotel nights, tours and more in the USA and worldwide. Learn about reward credit cards, volunteer at state and national parks. fun work vacations, paid travel opprotunities, teach English, mystery shop on vacation and more. Plus important tips on travel websites, health, safety, trip insurance, car travel and packing. Includes a 100-page digital book (\$39.95 value). Go to www.GinaHenry.com for information.

Monday–April 1 9am-12pm or 3pm-6pm Location: ZOOM **Instructor: Gina Henry**



Go with your GUT Feeling

Learn more about Nutrition, Gut Health, and how our current food supply became what it is today. Class topics will be: Anxiety & Digestion, where you will learn the correlation between anxiety or feelings of anxiousness and its relation to your gut health: Cravings & Compulsive Eating, where you will learn the impact of sugar when it comes to cravings and the tools to overcome compulsive eating: The Evolution of our Standard American Diet, in which, students will learn the evolution of food. Prerequisites: None

Thursdays–January 18 to March 7 No Class: February 8 and February 15 9am-10am or 4pm-5pm (PM is ZOOM only) Location: JobLink Instructor: Desiree Brummett

Learn to Play the Piano/Keyboard: Levels 1, 2, 3, 4, or 5

This class is designed for all levels of Piano students. Learning and playing the piano/keyboard can open up an incredible door of creativity for you, as well as a fulfilling life of music making. Learn from an instructor with over 45 years of plaving experience and over 30 years of teaching experience. The instructor will work with groups and individuals based on their piano level. This class is available onsite, or can be Zoomed with instructor online, or can be a hybrid class (onsite and/or Zoom) in case you cannot make it to class due to your schedule or other time conflicts.

Prerequisites: None Tuesdays–January 30 to April 9 No Class: March 12 11:30am-1pm or 3:30pm-5pm Location: Leon Lvnch/ZOOM Instructor: Frances Zahariadis



Mystery Shopping: Get Paid to Shop

Do you like to shop? Get paid to shop at almost every store in your area, plus many online shopping assignments from home or on vacation (in over 70 countries). Businesses need to know their customers in order to stav in business. Learn the TOP 100 MYSTERY SHOPPING COMPANIES. Review actual assignments. Get paid or keep the items you buy. A FREE dinner for two at a nice restaurant, a FREE hotel, tank of gas, groceries, dry cleaning, store items and more. Instructor has been a professional mystery shopper for over thirty years and teaches in 90 cities. Includes a 100-page digital book (a \$39.95 value). Go to www.GinaHenry.com for more information.

Monday–April 15 9am-12pm or 3pm-6pm Location: ZOOM Instructor: Gina Henry



1wk

1wk

The Secrets of Reward Credit Cards: Free Air. Hotels. and Cash Back

Earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel and redeem them for high-value trips. Or earn "cash back" to pay for your vacation (or to pay your electric bill, rent, mortgage, etc). Flights and hotels are typically the most expensive part of your vacation. Learn a "Beginner's Strategy" then graduate to more "Advanced Strategies" that earn you 1 million+ reward points a year. Reward programs are detailed. Includes a 100-page digital book (a \$39.95 value). Go to www.GinaHenry.com for more information.

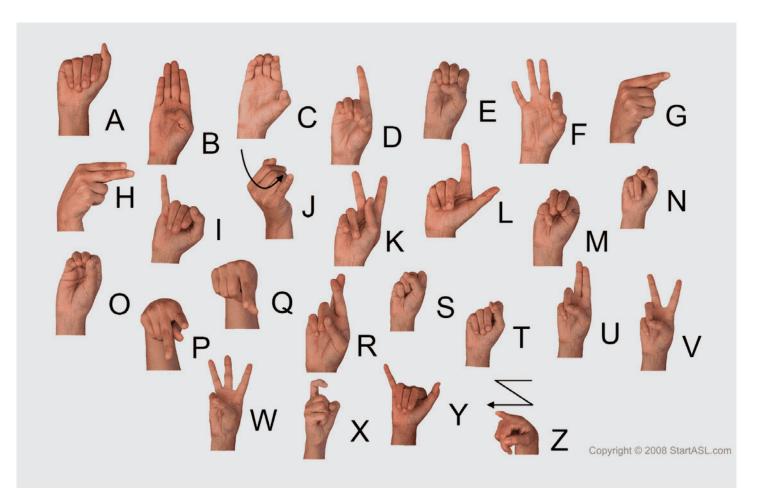
Mondav–April 8 9am-12pm or 3pm-6pm Location: ZOOM Instructor:Gina Henry



Virtual Beginning Sign Language Class

To train students how to communicate using American Sign Language. students will have class virtually once a week.

Students will have the knowledge of basic traditional signs used by the hearing-impaired or deaf. They will learn the manual alphabet, handshape usage, common phrases, vocabulary training, grammar and interactive vocabulary building. Classes will also be recorded and available for students to watch.



L&O Information

Students will receive traditional classroom instruction and online availability. Each live class is recorded and then uploaded and made available online within 48 hours of the live class.

6wks

Prerequisites: None Mondays–January 22 to February 26 9am-11am or 12pm-2pm or 6pm-8pm Location: ZOOM Instructor: Rhoda M. Jenkins



The National ICD has approved a number of Education Providers who offer a variety of learning opportunities. Some also offer discounted rates to our members!



L&O: Live and Online

L&O classes are Career Development Classes offered by the JobLink and Leon Lynch Learning Centers which are recorded and available to other sites via streaming technology. When you sign up for a class that is recorded, you can watch the class live from a remote location or access the class after the session, on demand. Coordinators should contact the USW/Cleveland-Cliffs -- JobLink Learning Center to connect participants with classes: 219.399.8136 or postmaster bkjoblink.org.



Ashworth College

Ashworth College offers two types of programs through its ICD partnership. Participants can take advantage of online, customized type classes at a rate of \$525 each under the "Career Programs" tab. In addition, under the "Degrees" tab, Undergraduate Degree and Certificate Programs are available for \$1440 per semester, and Masters programs are available at a rate of \$2500 per semester. Contact Karen Hedge with questions or to enroll: 1.877.758.7630 ext. 2060 or kahedge@ashworthcollege.edu



Columbia Southern University

The United Steelworkers Institute for Career Development, as a member of the learning partner tuition discount program, can offer participants a 10% tuition discount and exclusive scholarship opportunities. Participants, along with spouses and children, are also eligible for additional services including no application fee, no evaluation fee, complimentary tutoring, flexible or structured enrollment systems, and all textbooks are provided at no cost through a CSU book grant.



DeVry University and Keller Graduate School

ICD has a partnership with DeVry University and its Keller Graduate School of Management to bring you affordable, accredited degree programs with the flexibility you need for a work/life balance. ICD participants are eligible for a 15% reduction on any classes at DeVry University and Keller Graduate School.



NetTutor

NetTutor provides live, one-on-one, online tutoring, covering a variety of subjects.



Penn Foster (online)

Enroll with a school that helps 30,000+ people each year achieve their goals through affordable online education and training. Whether you're interested in building a new skill or furthering your career, Penn Foster can help by providing you access to high-quality career and college courses. Penn Foster's easy-to-use learning platform gives you access to books and study materials on the go, helping you learn when and where you want, at your own pace. Check out the 100+ accredited Career Certificate and Diploma programs and 100+ College Courses and Degrees available to you through Penn Foster's partnership with ICD. Receive your 15% discount and enroll by calling 1-888-427-5400 (select option #2) or emailing partnersolutions@pennfoster.edu Get started today!



Rosetta Stone®

Rosetta Stone[®] provides complete language solutions for beginner, intermediate, and advanced learners in both English and World Languages. Rosetta Stone[®] offers personalized, online learning experience based on a learner's proficiency and goals in 24 languages and includes live online tutoring. Partnership with ICD gives ICD participants exclusive access to the Rosetta Stone[®] Catalyst[™] Language Solution for 12 months. Contact your ICD Coordinator for details.



SUNY Empire State College

SUNY Empire State College educates 16,000 students per year in person, online, and through a blend of both, at campuses and learning hubs located in every region of New York State, across the country, and at eight international sites worldwide. Together with one of SUNY Empire's 800 faculty mentors, each student designs their own individualized pathway to a college degree that accommodates their schedule and awards credit for prior college-level learning. Associates, Bachelor's and Master's degrees are geared to adults and available in a wide variety of fields, including nursing, business, arts, and labor studies. USW-ICD participants receive a waiver of the \$50 admission fee and a one-time \$100 scholarship. You must enter a partner code when you apply to receive these benefits. You can request the code through your ICD Program Coordinator.



Tooling U-SME

Tooling U-SME delivers versatile, competency-based learning and development solutions to manufacturing, working with over half of all Fortune 500® manufacturing companies, plus educational institutions across the country. A division of SME, Tooling U-SME partners with customers to build high performers who help their companies drive quality, productivity, innovation, and employee satisfaction. Participants can subscribe to the entire library for 3 months (\$200) or 12 months (\$500). For more information, contact your ICD Program Coordinator.

Subscription-Based Online Learning Providers

Approved for TA The following online learning providers have been approved by the ICD National Office for Tuition Assistance funding through the subscription-based online provider policy (see Policy Manual page 21).

If you would like the ICD National office to consider a provider for approval, please contact your ICD Program Coordinator.

Provider	Website
Rosetta Stone	www.rosettastone.com
Lynda.com aka LinkedIn Learning	www.lynda.com
ITU	https://ituonline.com/icd
The Great Courses Plus	www.thegreatcoursesplus.com
ToolingU	http://www.toolingu.com/
Career Academy	www.careeracademy.com
Masterclass	https://www.masterclass.com
Universal Class	https://www.universalclass.com/index.htm
Udemy	https://www.udemy.com
Pencil Kings	https://pencilkings.com
SkillShare	https://www.skillshare.com
Coursera	https://www.coursera.org
Duolingo	https://www.duolingo.com
Babel	https://www.babbel.com/

Mon Valley ICD One South Linden Street Duquesne, PA 15110

